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Welcome to Connect! Bringing Faith to Life

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This three-year program invites sixth, seventh, and eighth graders to explore the Catholic faith and make important connections to their lives.

Each year of the program engages the participants in an exploration of all four pillars of faith (The Creed, Liturgy and Sacraments, Christian Morality and Justice, and Prayer) as well as the Bible. The lessons based on the different pillars of faith make up most of the program and cover the fifty chapters in the *Connect!* book.

Additional chapters in year 2 and year 3 offer life-issue lessons that explore a variety of topics pertinent to the lives of middle schoolers and that reflect the application of faith concepts explored in earlier chapters.

Program Components





Connect! Book

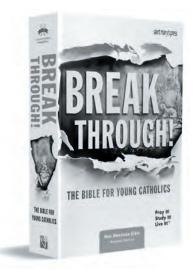


Activity Book



Online Resources

Catechist Guides



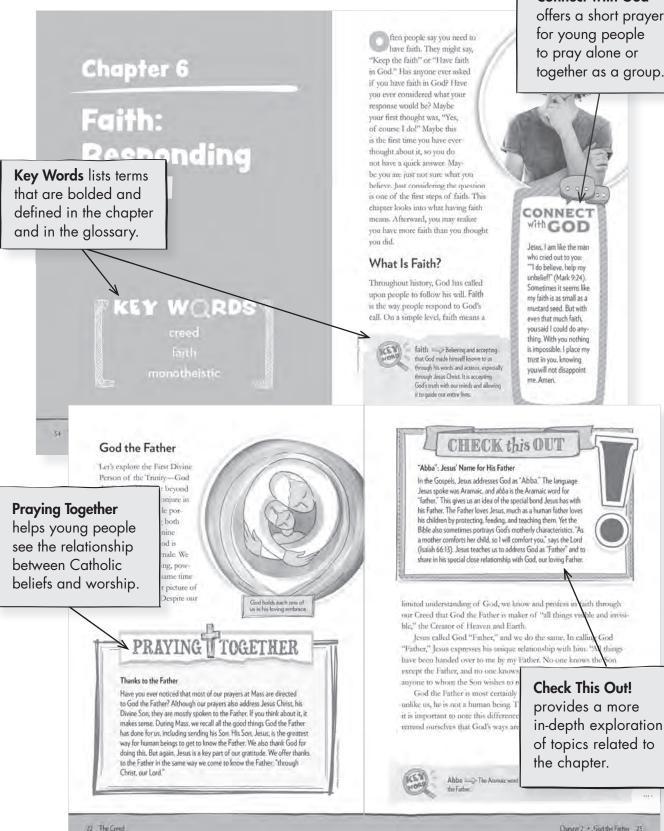
Breakthrough! The Bible for Young Catholics, NABRE



eLearning Lessons

Overview of Components

Connect! Book



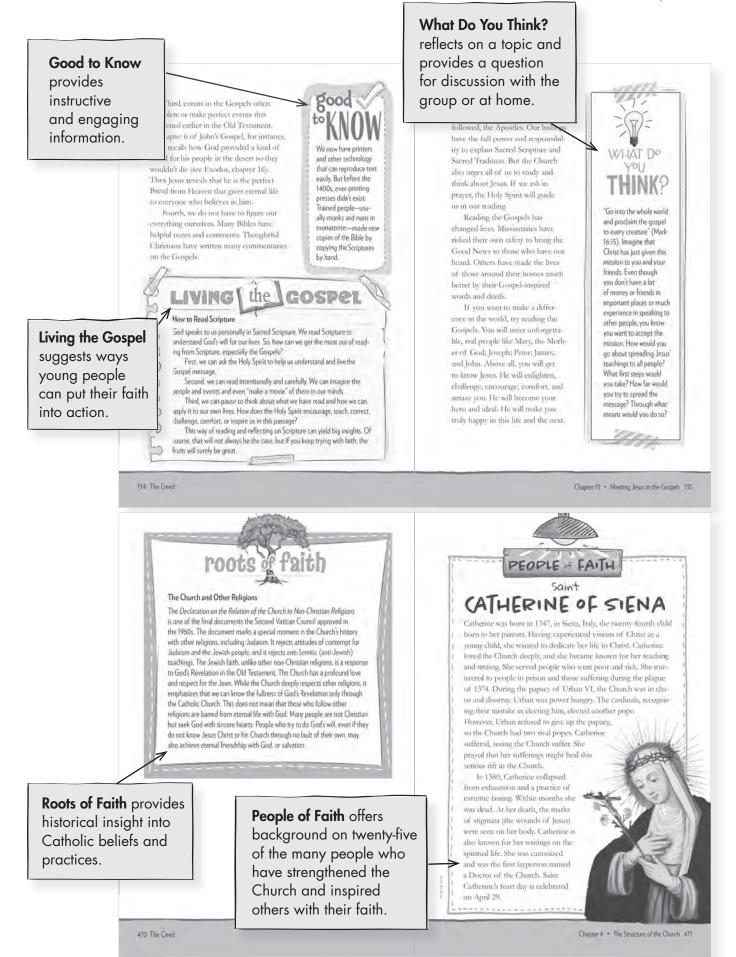
Connect with God offers a short prayer for young people to pray alone or together as a group.

Jesus, I am like the man who cried out to you: "I do believe, help my unbelief!" (Mark 9:24). Sometimes it seems like my faith is as small as a mustard seed. But with even that much faith. you said I could do any thing. With you nothing is impossible. I place my trust in you, knowing you will not disappoint

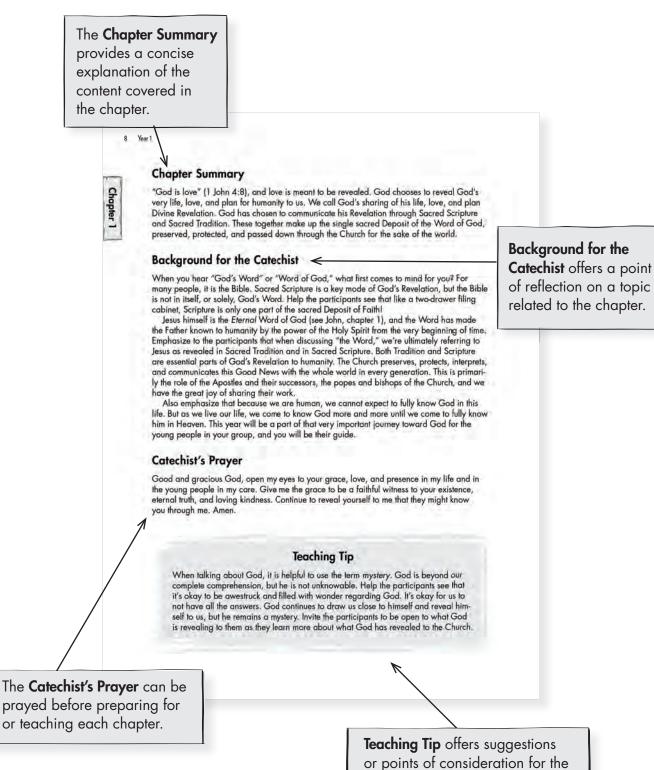
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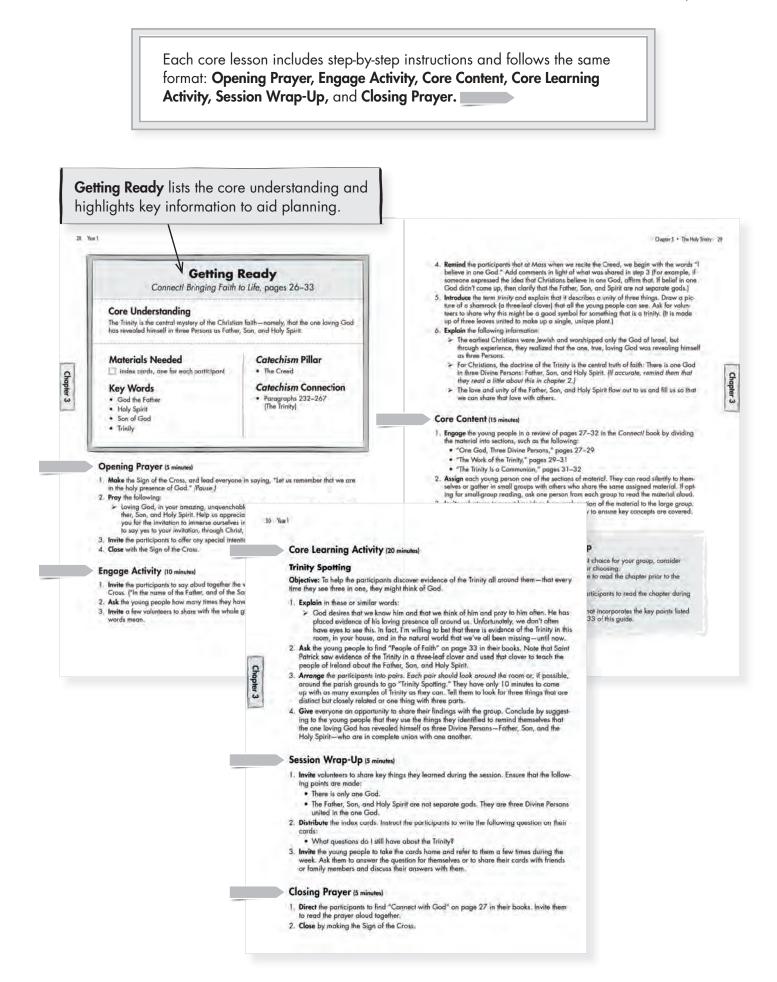
God

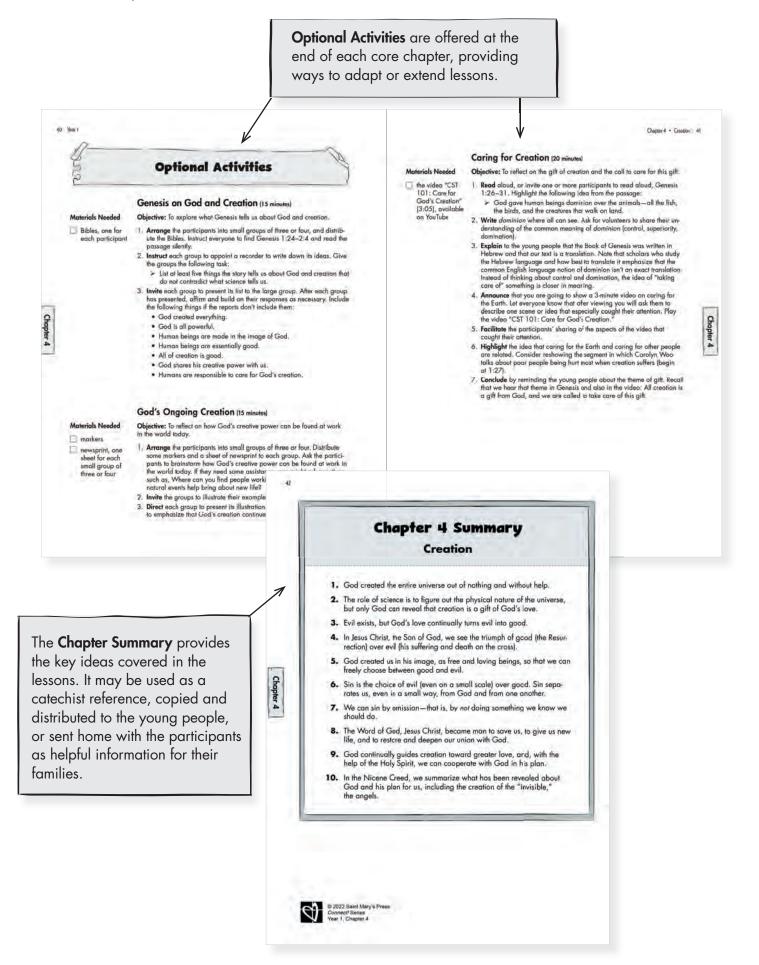


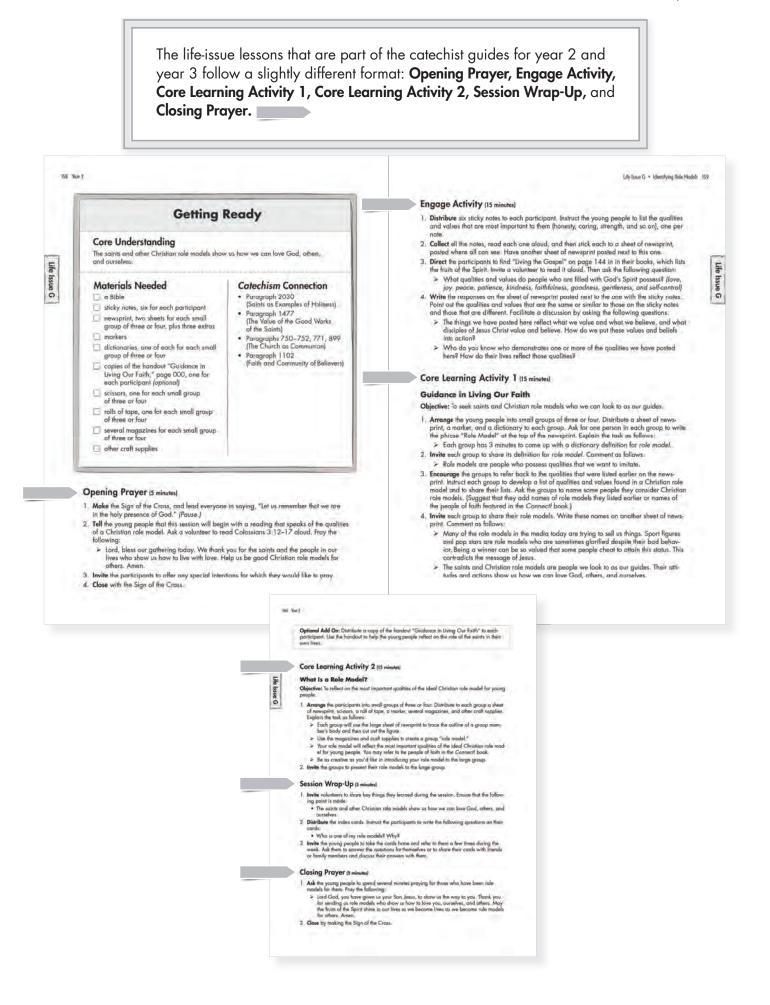
Catechist Guides

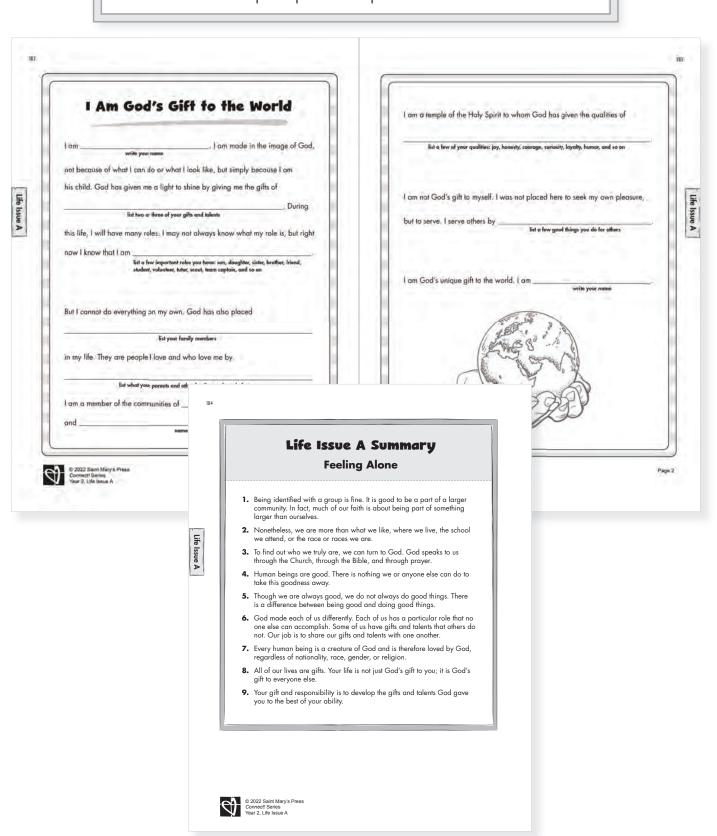


chapter's lessons.









Life-issue lessons include a **handout** that corresponds to one of the learning activities with the lesson. A **chapter summary** is also included and can be used as a catechist reference, copied and distributed to the young people, or sent home with the participants as helpful information for their families.

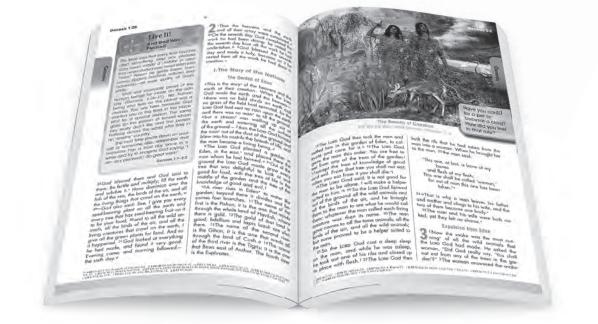
Activity Book

The **activity book** offers two activities to supplement each chapter in the *Connect!* book. These activities can be incorporated into the lessons in a variety of ways.

Revelation	Scripture and Tradition
Thoughtfully and reflectively respond to the following questions.	Complete the following sentences, and then find each answer in the word search below. Words can appear in any direction.
Think about the events of a typical day for you—your classes in school, sports or other activities you participate in, and time with family and triends. How do you experience the presence of God in your day?	1. The part of the Mass in which we hear readings about what God has done for our salvation
	is the Liturgy of the
	2. The is another name for Sacred Scripture.
	3. The Bible's authors were guided by the to record without error
	what God wants us to know for our salvation.
	4. At the Council of Trent, the bishops made clear that both and
	are necessary for our salvation
	5 The Bible contains the forty-six books of the and the twenty-seven
Describe how your own artistic depiction of Creation would look. What elements would you include to convey God's power?	books of the
	6 God's Revelation is complete in
	7 In, we are called to be prophets by sharing God's Word with others in our words and actions.
	NOITIDARTTTE
	GLTPNSHYDENL
	KDSIQRTVWREB
Choose one of the elements you selected, and explain how it conveys God's power.	KTIUULIFOUMI
	YERMYFRARTAB
	PSHSWJIQDPTO
	OTCIDCPSXISL
	O A S T F O S B E R E N
	HMUPKOYVJCTH
	VESAFOLWWSWE
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	DIJESKHTIPNS
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Young people will get the most from the lessons if they have their own Bible. The program works best with the New American Bible Revised Edition (NABRE). The NABRE translation of **Breakthrough! The Bible for Young Catholics** (Winona, MN: Saint Mary's Press, 2016) is highly suggested for use with this program as it was developed specifically for adolescents and can enhance the study of Scripture with its special features.





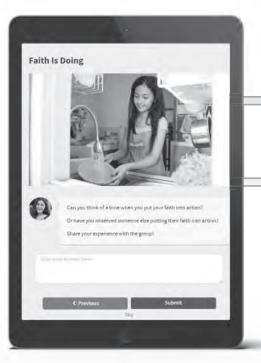
Online Resources

Online Resources specific to each catechist guide can be found at www.smp.org/connect_parish.

These resources include:

- a scope-and-sequence chart
- a digital version of the catechist guide
- catechist and parent tip sheets
- digital versions of all handouts
- web links to recommended digital media





eLearning Lessons

Interactive **eLearning lessons** provide a digital learning option for the gathered sessions or at home.

CONTENTS

The first three chapters

can be found on the following pages. Introduction Life Issue C: Spending Money Wisely 134 Life Issue I: Facing Our Feelings 174

Chapter 1

Pentecost and the Apostles' Mission

Chapter Summary

In this chapter, the participants explore the story of the young Church, found in the Acts of the Apostles. They discover the power of the Holy Spirit to transform the Apostles and all who encountered them on Pentecost. The young people also experience Peter as he courageously reaches out to all people, and journeys with Paul, from conversion to martyrdom, as he spreads the Good News.

Background for the Catechist

Have you ever felt like you're not good enough or that you're out of place? Maybe you regret decisions you've made or you don't feel worthy of something you're called to do. If so, the Acts of the Apostles is a story for you. It's a story of change—change that is possible in individuals and throughout the Church when we are open to the guidance of the Holy Spirit.

Acts of the Apostles focuses on two extraordinary leaders, Peter and Paul, and how God transformed their lives so that they might spread the Good News. It is also a story of remarkable communities, including the newborn Church at Jerusalem and other communities as they struggled to establish themselves.

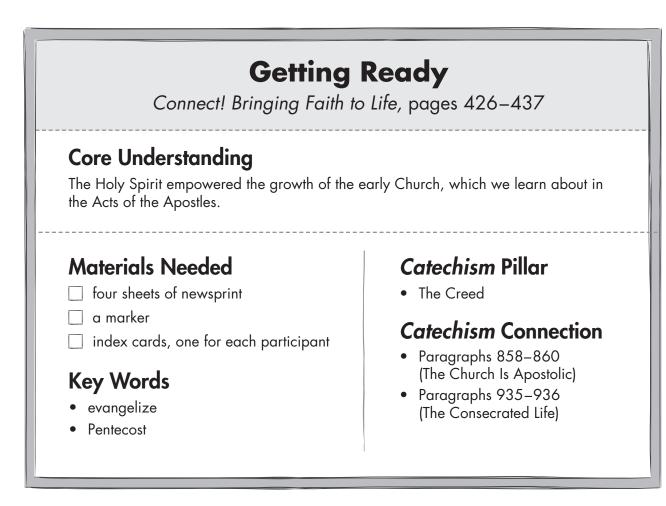
Acts of the Apostles speaks of a Church both persecuted and flourishing. The witness of the Acts of the Apostles continues to inspire and guide the Church throughout time, today and for all generations to follow.

Catechist's Prayer

Holy Spirit, come upon me this day as you did to the disciples on the day of Pentecost. Guide my words so that you may be heard and understood by all I encounter today. Give me the courage and passion of Peter and Paul. Come upon me, Spirit of Pentecost, and set my heart on fire. Amen.

Teaching Tip

The account of Pentecost is found in the Acts of the Apostles, which continues in the same vein as the Gospels. It is full of miraculous healings, visions, and other stories that defy modern explanation. It also tells of people experiencing great joy and suffering because of their belief in Christ. As the young people read this book, encourage them to think about the implications of faith for their own lives.



Opening Prayer (5 minutes)

- 1. **Make** the Sign of the Cross, and lead everyone in saying, "Let us remember that we are in the holy presence of God." (*Pause.*)
- 2. **Pray** the following:
 - Holy Spirit, catalyst of the Church, spark our faith today as we explore the wonders of Pentecost and the power that inspired the Apostles to spread the Good News to all people and nations. Amen.
- 3. Invite the participants to offer any special intentions for which they would like to pray.
- 4. **Close** with the Sign of the Cross.

Engage Activity (10 minutes)

- 1. **Engage** the participants' experience by asking them to think to themselves about how they would answer this question:
 - Imagine you have a time machine that can take you to any era or event that you wish. Which moment in time would you travel to, and why?

Chapter 1

- 3. **Invite** the participants to imagine the early years of the Church, and what it might have been like to live during this time. Share the following in these or similar words:
 - In the early years of the Church, there were no televisions, cell phones, internet, or social media. We would likely find the rustic conditions and poor methods of communication challenging.
 - Christianity grew exponentially in those early years, despite not having the Bible or the ability to travel and speak freely about the newfound faith.
- 4. **Direct** the participants to write down one thing they believe contributed to the rapid spread of Christianity, despite the lack of technology or ease of communication.

Core Content (15 minutes)

- 1. **Engage** the young people in a review of pages 428–436 in the *Connect!* book by dividing the material into sections, such as the following:
 - "Pentecost," pages 428-431
 - "The Work of Saint Peter," pages 432-433
 - "The Travels of Saint Paul," pages 434–436
- 2. **Assign** each young person one of the sections of material. They can read silently to themselves or gather in small groups with others who share the same assigned material. If opting for small-group reading, ask one person from each group to read the material aloud.
- 3. **Invite** volunteers to report key ideas from each section of the material to the large group. Be prepared to expand on the participants' reports as necessary to ensure key concepts are covered.

Teaching Tip

If collaborative reading and reporting is not the best choice for your group, consider using one of the following options or another of your choosing:

- At-home reading option: Invite the young people to read the chapter prior to the session.
- In-session individual reading option: Ask the participants to read the chapter during the session, or read it aloud to them.
- **Presentation option:** Give a short presentation that incorporates the key points listed on the handout "Chapter 1 Summary" on page 17 of this guide.

Core Learning Activity (20 minutes)

Change Happens

Objective: To explore the realities of change and growth in personal development and in the early Church.

- 1. **Begin** with these or similar words:
 - Change is all around you. It's part of who you are. You are in your adolescence, which simply means a time of growing, maturing, and changing. We change in many different ways, such as in our appearance, our friendships, and our beliefs. Sometimes change comes naturally, and other times it comes due to choices we or others make.
 - > Let's explore the changes around us, what influences them, and how they affect us.
- 2. **Invite** or select four recorders to help track the discussion. Write the following headings on four sheets of newsprint: "Appearance," "Taste," "Connection," and "Belief." On each sheet, add a column titled "Influences" to the right of the main heading.
- 3. **Challenge** the participants to create a list of changes going on in their lives. As each is named, assign a recorder to list it under its proper category (for example, a growth spurt is an "appearance," a new favorite band is a "taste," a new school or group of friends are "connections," and new values or opinions are "beliefs"). Use these examples, if necessary, to prime the conversation.
- 4. **Ask** the participants what influences each of these changes, and record these as well under the appropriate heading. For example, a growth spurt comes naturally, and interest in a new band might be sparked by friends.
- 5. Conclude with these or similar words:
 - Some change is simple and has little impact. Other change can impact people and society forever. Christianity was new to the people of the first century AD. It has survived and thrived due to the transformative power of the Holy Spirit and the courage of the people who spread this new way of life.

Session Wrap-Up (5 minutes)

- 1. **Invite** volunteers to share key things they learned during the session. Ensure that the following points are made:
 - The Holy Spirit empowered the growth of the early Church.
 - We can learn about the changing early Church and its leaders in the Acts of the Apostles.
- 2. **Distribute** the index cards. Instruct the participants to write the following questions on their cards:
 - How might the early Apostles be examples in my life today?
 - What can I do to build the Church?

- Chapter 1
- 3. **Direct** the young people to take the cards home and refer to them a few times during the week. Ask them to answer the questions for themselves or to share their cards with friends or family members and discuss their answers with them.

Closing Prayer (5 minutes)

- 1. **Direct** the participants to find "Connect with God" on page 427 in their books. Invite everyone to pray the prayer aloud together.
- 2. **Close** by making the Sign of the Cross.

Chapter



Optional Activities

Paul's Perseverance (20 minutes)

Materials Needed

Objective: To identify the young people's passions and the work required to pursue them.

- 1. Introduce the activity with these or similar words:
 - To spread the Good News, Paul took three long missionary journeys. Each took several years as he spanned thousands of miles by foot and by boat, and each brought him hardship and persecution because of his faith.
- 2. **Ask** a volunteer to read aloud the Bible passage on page 435 in the *Connect!* book.
- 3. **Show** the clip "Nutty for Nuts" from the movie *Ice Age: The Meltdown,* if possible, to inspire creativity. Otherwise, move to the next step.
- 4. **Distribute** the poster board and art supplies, and instruct the participants to illustrate, by drawing or making a collage, what they're "nutty" or passionate about doing. Offer examples such as a sport, a particular dance form, a hobby, a musical instrument, a video game, or a school subject. Their presentation should include the following elements:
 - why they are passionate about the chosen activity
 - how they have pursued their passion so far
 - what further sacrifices they are willing to make for their passion

Teaching Tip

Decide in advance how much time to allot for the young people to prepare and share their presentations.

- 5. **Invite** the participants to share their presentations. Ask them whether they would endure hardships and persecutions for their passions like Paul did.
- 6. Conclude with these words from page 436 in the Connect! book:
 - "Saint Paul endured all these things because he was so committed to telling others the Good News about Jesus Christ. Because of people like him, the early Church quickly spread and flourished."

the clip "Nutty for Nuts" from the movie Ice Age: The Meltdown (2006, 91 minutes, rated A-I and PG), available on YouTube (optional)

- half sheets of poster board, one for each participant
- markers
- several old magazines
- several pairs of scissors
- several bottles of glue

The Power of Peter (20 minutes)

Materials Needed

a Bible

the video

"Famous

Failures," available

on YouTube

(optional)

Objective: To highlight the movement of the Holy Spirit in helping Peter and all Christians overcome challenges.

- 1. Introduce this activity in these or similar words:
 - After Jesus placed his trust in Peter to lead the Church, Peter denied his friendship with Jesus on the night before Jesus died. Yet Jesus gave Peter another chance, calling him to lead the Church. With the strength and guidance of the Holy Spirit, Peter did things he could never have imagined. Let's explore one of his first amazing moments.
- 2. Invite a volunteer to read Acts of the Apostles 3:1-10 aloud.
- 3. **Read** the story a second time yourself, including guidance for contemplation along the way. Use this narrative, or adapt it as you see fit:
 - One day Peter and John went to the Temple at three o' clock in the afternoon, the hour for prayer. There at the Beautiful Gate, as it was called, was a man who had been lame all his life. Every day, he was carried to the gate to beg for money from the people who were going into the Temple.
 - Put yourself in the lame man's shoes, worthless as they are. He can't walk anywhere on his own. He can't farm or fish or build things. His friends carry him places, and he begs all day. He has little hope or dignity.
 - When he saw Peter and John going in, he begged them to give him something. They looked straight at him, and Peter said, "Look at us!" So he looked at them, expecting to get something from them.
 - Most people ignored the lame man. These guys were different. They actually looked at him. Was there hope? Might he eat well tonight?
 - But Peter said to him, "I have no money at all, but I give you what I have: in the name of Jesus Christ of Nazareth, I order you to get up and walk!"
 - Put yourself in Peter's shoes. Three years before, he was catching fish. He met Jesus and left his nets behind. What does he have to show for it? Not a penny. He couldn't walk on water like Jesus did. But these words were coming out of his mouth!
 - Then Peter took the lame man by his right hand and helped him up. At once, the man's feet and ankles became strong; he jumped up, stood on his feet, and started walking around. Then he went into the Temple with them, walking and jumping and praising God.
 - Babies take weeks and months to move from crawling to walking. In seconds, this man did something he'd never done before. He also probably never had much reason to praise God—until now!

Chapter 1

- The people there saw him walking and praising God, and when they recognized him as the beggar who had sat at the Beautiful Gate, they were all surprised and amazed at what had happened to him.
- > Where did Peter get such power? Could Peter heal me if I needed it?
- 4. Introduce the video with these or similar words:
 - Peter's newfound power would change not only the life of the lame man but also the lives of people around the world and throughout the future. Not bad for a simple fisherman, a sinner, and a man who once denied Jesus.
- 5. **Play** the video "Famous Failures," if you are able, and explain that you will look at some other surprising stories. Otherwise, move to the next step.
- 6. **Conclude** with these or similar words:
 - We should never underestimate God's power to provide strength when we are weak or hurting. Peter didn't give up during challenging times, nor did many famous world leaders, athletes, and entertainers. Peter kept following Jesus and was open to the movement of the Holy Spirit. All our gifts come from God, and we should trust that the Holy Spirit will strengthen and guide us when times get tough.

Name Your Flame Game (15 minutes)

Materials Needed

six flames, cut from large adhesive mailing labels and colored with orange marker with the following words or phrases (one each) written on them:

- Genius
- Wise Old Person
- Priest (or Nun)
- Superhero
- Language Expert
- Doctor

Objective: To help the participants understand the diversity of gifts and how the Gifts of the Holy Spirit empower us to do new and greater things.

- 1. Introduce the activity using these or similar words:
 - Pentecost was an incredible day. The Apostles and all who heard them experienced the Gifts of the Holy Spirit:
 - Wisdom
 - Understanding
 - Counsel (Right Judgment)
 - Fortitude (Courage)
 - Knowledge
 - Piety (Reverence)
 - Fear of the Lord (Wonder and Awe)
 - Some people thought the Apostles were drunk. But Peter spoke courageously, helping everyone understand, and three thousand people became Christians that day.
- 2. **Select** six volunteers to help you with this part of the activity. Invite them to come forward, but tell them and everyone in the group to remain silent. Affix a flame to each of their foreheads, making sure they don't see what is written on their flame.

- 3. Instruct the rest of the group to treat those wearing the flames according to what is written on their flames. For example, tell them that if "U.N. Ambassador" was on a flame, you might say, "You're so diplomatic!" or "How can we ever find peace?" Encourage the participants to be descriptive with their hints but not obvious. Tell those wearing the flames to remain silent. Allow 3 to 5 minutes of interaction, with those wearing flames mingling with the rest of the group. Then invite those wearing the flames to return to the front of the group.
- 4. Ask each flame-wearer, one at a time, the following:
 - What do you think your flame says? (After they guess, have them remove and view their flames.)
 - > What inspired your guess?
- 5. **Invite** group members to share the kind of gifts they mentioned that pertain to each flame-wearer's role.
- 6. Conclude by sharing the following or similar words:
 - The Apostle Paul wrote in his First Letter to the Corinthians that there are many types of spiritual gifts, but the same Spirit; many ways to serve God, but the same God; parts of a body, but one Body in Christ.
 - Peter and the Apostles experienced new gifts and growth on Pentecost. They were able to do new things to serve God. Though such changes may not happen so suddenly in our lives, we must be open to the movement of the Spirit as we are each called to share the Good News in unique ways.

Chapter 1 Summary

Pentecost and the Apostles' Mission

- 1. The Acts of the Apostles is a written account of the early Church following Jesus' Resurrection and Ascension into Heaven.
- **2.** The Acts of the Apostles focuses on the Church of the Apostles and their first followers.
- **3.** This book's main theme is how the Holy Spirit guided the Apostles so the Word of God could spread, and it focuses in particular on the work of Saints Peter and Paul.
- **4.** The Acts of the Apostles begins with the Ascension of Jesus and then gives an account of the event of Pentecost.
- 5. Saint Peter emerges as the leader of the early Church as it struggles to find its way. In an important event, Peter realizes that the Good News is meant for everyone—Gentiles as well as Jews.
- **6.** After his conversion, Saint Paul brings the Church to the far reaches of the Roman Empire through his missionary activity.
- 7. The Acts of the Apostles ends with the image of Saint Paul in Rome, teaching about the Lord Jesus and proclaiming the Kingdom of God.



Chapter 2

The New Testament Letters

Chapter Summary

In this chapter, the participants explore the growth and challenges of the early Church through the New Testament letters. These twenty-one letters provide helpful insights about the problems the Church faced and how it grew and developed. In reading the advice and encouragement of Saint Paul and other writers, the young people discover guidance as they try to live as Christians today.

Background for the Catechist

When was the last time you received a letter in the mail? In our era of text messaging and social media, getting personal mail is rare and often heartwarming. Rarer still are words of guidance, either written or spoken, from loved ones and mentors who help us through difficult times. The need for speed and brevity make advice giving as uncommon as letter writing itself. Though not always appreciated at first, challenging guidance can prove invaluable throughout our lives.

The New Testament letters address situations of a time far in the past, but their guidance is still pertinent today. Saint Paul and other writers worked tirelessly to spread the faith to the ends of the Earth. They traveled on foot and in simple boats. After sharing the Good News and making new friends and disciples in a certain place, they would move on, not knowing if they would ever see those people again. But letters would bring these evangelists news—some joyful and some difficult. These letters made a difference, fanning the flames of faith then and for generations to come.

We read of Paul reminding Christians that Jesus' humiliating Crucifixion was a necessary part of God's plan for our salvation. He assured them that they too would be raised—body and soul—into eternal life with Christ. Perhaps most importantly, he reminded his readers, including us, that Jesus came to save everyone. Throughout time, Paul's assurance that faith in Christ supersedes old laws has transformed many lives.

Other letters address real human experiences and conditions, such as distrust, suffering, judgment, and love. Today's young people may consider writing letters to be old-fashioned and the content of the New Testament letters to be archaic. It's our challenge to help them discover, among these gifts from the past, Good News they can use in their own journey.

Catechist's Prayer

Lord, you often spoke of writing on the hearts of your people. Treat my heart as your blank sheet, and fill it with words of wisdom, guidance, and hope that I can share with the young people I minister to. I ask this in your most holy name. Amen.

Teaching Tip

It may be helpful to steer the participants to maps of Saint Paul's journeys found in many Bibles. In addition to showing the cities of that time, the young people will get a sense of the distances and time frames of Paul's travels.

Chapter 2

Getting Ready Connect! Bringing Faith to Life, pages 438-448 Core Understanding The New Testament letters provided important guidance to the early Christian communities and help us live as Christians today. **Catechism** Pillar **Materials Needed** The Creed Bibles, one for each participant index cards, one for each participant Catechism Connection **Key Word** Paragraphs 74–76 (The Transmission resurrection of Divine Revelation) Paragraphs 131–133 (Sacred Scripture in the Life of the Church)

Opening Prayer (5 minutes)

- Make the Sign of the Cross, and lead everyone in saying, "Let us remember that we are in the holy presence of God." (Pause.)
- 2. **Pray** the following:
 - Loving God, you spoke words of encouragement and wisdom to the earliest Christians through the letters of Paul and other wise guides. Speak to us today, and write words on our hearts that will keep us on your path for all our lives. Amen.
- 3. Invite the participants to offer any special intentions for which they would like to pray.
- 4. **Close** with the Sign of the Cross.

Engage Activity (10 minutes)

- 1. **Engage** the young people's experience by asking the following questions:
 - How do you communicate? If you had a choice to contact a friend or relative, whether they're across the street or across the planet, how would you do it?
- 2. **Invite** volunteers to share their answers. As different means of communication are mentioned, ask for a show of hands from those participants who regularly communicate in this way.

- 3. **Raise** the following questions:
 - Which means of communication is quickest?
 - Which allows you to express yourself more clearly?
 - > Which brings you closer to the other person?
 - > Which lasts the longest?
- 4. **Conclude** with these or similar words:
 - Texting, photo sharing, social networking, and video chatting apps are popular ways to stay in touch with people. When our Church was young, there was one way to communicate with people at a distance—letters. Those letters have endured in the pages of the Bible. Today, we'll learn how they continue to guide us.

Teaching Tip

Be alert to the speed at which technology develops. Add newer modes of communication that have emerged recently, and delete outdated modes that might distract the young people from your point.

Core Content (15 minutes)

- 1. **Engage** the young people in a review of pages 440–447 in the *Connect!* book by dividing the material into sections, such as the following:
 - "Understanding the New Testament Letters," pages 440-441
 - "Themes in the Letters of Saint Paul," pages 441-444
 - "Themes in the Other Letters," pages 444-447
- 2. **Assign** each young person one of the sections of material. They can read silently to themselves or gather in small groups with others who share the same assigned material. If opting for small-group reading, ask one person from each group to read the material aloud.
- Invite volunteers to report key ideas from each section of the material to the large group. Be prepared to expand on the participants' reports as necessary to ensure key concepts are covered.

Teaching Tip

If collaborative reading and reporting is not the best choice for your group, consider using one of the following options or another of your choosing:

- At-home reading option: Invite the young people to read the chapter prior to the session.
- In-session individual reading option: Ask the participants to read the chapter during the session, or read it aloud to them.
- **Presentation option:** Give a short presentation that incorporates the key points listed on the handout "Chapter 2 Summary" on page 28 of this guide.

Core Learning Activity (20 minutes)

He Said What?

Objective: To illustrate the nature of the New Testament letters and how we might approach them when reading.

- 1. Begin with these or similar words:
 - As our Connect! book says, the New Testament letters can be challenging to understand, for they are often one part of a larger conversation. Many of the letters respond to a problem or an issue, presented through a messenger or a letter, that we no longer have. The New Testament letters are often the response, and we are left to make educated guesses about the problem from the response.
 - For example, assume your friend Jane (use any name) told you she is no longer speaking to Leah (again, use any name) because of their science fair project. Jane says that Leah made charts even though charts were not the best graphic to use, and their grade suffered because of them. Now Jane has to go home and tell her parents about their science fair grade.
 - What might you assume about what caused the problem? What do you think was the result of the problem? (Take some time to ask the young people how they arrived at their conclusions.)
 - > What clues in Jane's story led you to think this is the problem?
 - These are all good guesses, made from the clues given, but they are guesses based on your friend's telling of the story. We have the same issue in many New Testament letters. We often have disagreements and concerns, but we are seeing only one side of the discussion.
- 2. **Distribute** the Bibles, and instruct the participants to find Galatians 2:11–14. Ask a volunteer to read it aloud.
- 3. **Arrange** the participants into five groups. Have each group select a reporter, a recorder, and a reader. Write the following questions (but not the answers) where all can see. Direct each group to reread the passage from Galatians and answer the questions. Each group should take notes and be able to share answers for all five questions with the large group, but they will report back to the large group on only one question.
 - What does Paul say about Peter? (Peter had been eating with Gentile believers but then changed his mind. Paul calls him a coward.)
 - According to the Letter to the Galatians, what does Peter believe about eating with Gentiles? (He is afraid to eat with them because of the men sent by James.)
 - What does Paul report he said to Peter? ("You are a Jew, yet you have been living like a Gentile, not like a Jew. How, then, can you try to force Gentiles to live like Jews?")
 - What can we know for certain from this Scripture passage? (Paul's perspective: It is acceptable to eat with and live like Gentiles.)
 - What do we think we can safely assume (but have no confirmation of) from Peter? (Peter thought it was acceptable to eat with Gentiles, but then he changed his mind and thought Gentiles should become like Jews.)

- 4. **Reconvene** the large group, and invite the small groups to share and discuss their answers, emphasizing the challenge of identifying the problem because we have only Paul's response. Point out that we do not have a record of Peter's understanding of the problem, only Paul's response.
- 5. **Conclude** by reiterating the nature of the New Testament letters. We often do not know the exact details and have to make educated guesses, but the values presented in the letters continue to help all live as Christians, even today.

Session Wrap-Up (5 minutes)

- 1. **Invite** volunteers to share key things they learned during the session. Ensure that the following points are made:
 - The New Testament letters provided important guidance to the early Christian communities.
 - Regardless of the limited information we have in the New Testament letters, the messages contained within continue to help us live as Christians today.
- 2. **Distribute** the index cards. Instruct the participants to write the following question on their cards:
 - What questions do I have about living as a Christian that could benefit from the guidance of a trusted leader?
- 3. **Direct** the young people to take the cards home and refer to them a few times during the week. Ask them to answer the question for themselves or to share their cards with friends or family members and discuss their answers with them.

Closing Prayer (5 minutes)

- 1. **Direct** the participants to find "Connect with God" on page 439 in their books. Explain that today you will read this prayer, and they may simply listen or follow along in their books. Begin by making a Sign of the Cross, and sit in silence for a moment. Read the prayer slowly.
- 2. **Close** by making another Sign of the Cross.



Optional Activities

From So Good to So Bad So Quickly (20 minutes)

Materials Needed

- Bibles, one for each participant
- a crucifix
- several copies
 of a supermarket
 tabloid
- a website that focuses on celebrity gossip (optional)
- internet access
 (optional)

Objective: To connect with the anxiety that Christians faced regarding Christ's Crucifixion and the necessity of Paul's response.

- 1. **Begin** with these or similar words, pausing after the question for responses:
 - The cross is everywhere. Can you think of places where we see the cross or crucifix?
 - Whether it is on our meeting room wall, in our jewelry, or tattooed on someone, the cross is a prevalent symbol. But it also is misunderstood.

Teaching Tip

To ensure equal understanding for this topic, it may be helpful to explain to the participants that a crucifix is a cross that includes the corpus, or body, of Christ.

- 2. **Distribute** the Bibles. Instruct the participants to find John 12:12–19 and Matthew 27:27–31. Invite two volunteers to read these passages aloud, in that order. Then say the following, giving the young people time to respond to the question before offering the explanation in the second bullet:
 - > How did things go from so good to so bad so quickly?
 - Jesus caused problems for the religious and civic leaders. They had to do something. Crucifixion was how the Roman Empire got rid of people who defied their authority and warned other people to not cause problems. The pain was excruciating, a word whose roots and intensity come from the word *crucifixion*. The crucified also were stripped of their clothing and their dignity as they died.

Teaching Tip

To set the tone for this discussion, have in mind a recent and appropriate example of a famous or powerful person who experienced an embarrassing setback.

- 3. **Distribute** the supermarket tabloid or have the young people access a website that focuses on celebrity gossip. Direct them to find stories of famous and powerful people experiencing embarrassing setbacks. Share an example you have thought of, ask the participants to share a few examples, and then say:
 - Pop stars, athletes, actors, and politicians at the height of their fame and fortune face ridicule when their actions are caught on videotape. But it is not embarrassing just for them. Often the people who look up to them or follow them end up being most let down. Perhaps you were a fan of someone involved in a scandal. Did you feel embarrassed or disappointed in the person you looked up to? Did you feel that they fell a bit from the superstar status you once gave them? Now consider what Jesus' followers might have been feeling at witnessing the Crucifixion of someone they gave up everything to follow. It's not hard to imagine that Jesus' Crucifixion was embarrassing and humiliating for his followers.
- 4. **Ask** the participants to reflect on how the people in the stories you shared had to overcome the perceptions of others and see the world differently. Their lives of apparent failure and humiliation are ultimately stories of success and joy. But we only know that because we know the end result of their struggles.
- 5. **Direct** the participants to find Philippians 2:6–11. Ask a volunteer to read it aloud. Then conclude by saying:
 - Saint Paul had to help the early Christians understand the Crucifixion and help them see that it was part of the path to glory. The humiliation on the cross is only part of the story, a story that brings salvation and proclaims that Jesus Christ is Lord.

Laying Down the Law (15 minutes)

Materials Needed

Objective: To understand the challenge Paul faced in explaining the purpose of the laws in the growing young Church.

- 1. **Begin** with these or similar words:
 - Do you know that there is an actual law in Missouri that makes driving with an uncaged bear in your car illegal? Many states have laws that sound strange and outdated to us today but that were actually written and became law.
- 2. **Invite** the participants to do an online search for outdated laws that are still on the books in various states. Their goal is to find the strangest law and share it with the group.
- Bibles, one for each participant

internet access

- 3. **Begin** a conversation about all the Jewish laws found in the Old Testament, using these or similar words:
 - How many laws did God give his Chosen People in the Old Testament?
 - Many people think there were ten, but the Torah outlines 613 laws by which the Jews lived. The first Christians were Jewish, just as Jesus was. Many conflicts arose as Church leaders discerned whether Gentiles (people who weren't Jews) had to become Jewish and follow Jewish laws if they were going to become Christians.
- 4. **Distribute** the Bibles, and instruct the young people to find Romans 3:22–31. Ask a volunteer to read it aloud. Then share these thoughts:
 - Some Jewish laws seemed pretty extreme, so there were strong feelings about whether the Gentiles would be made to follow them. Has your family ever experienced tension when the rules seem to be more or less strict for certain members?
 - Sometimes laws need to be rethought as times and experiences change. For Christians, the presence of Jesus—God's Son on Earth—brought about a necessary reevaluation of the Law that had been given by Moses in the Old Testament. Paul helped Christians of his time (and helps them today) understand that God is the ultimate source of Law, and that faith in Jesus is central to how we should live.

Faith in Action (20 minutes)

Materials Needed

Objective: To explain the early Church's growing understanding that works bring our faith in Christ alive.

- Bibles, one for each participant
- internet access (optional)
- 1. **Begin** with these or similar words:
 - Have you ever tried a new thing or joined a new group and been confused about what is expected? Whether you have started a new club or activity at school, or you've recently liked a new group on a social networking site, you want to know what you're getting yourself into. Early Christians were entering a new way of life, and there were plenty of differing opinions about what it meant to be a Christian.
- 2. **Distribute** the Bibles, and ask the participants to find Romans 3:22–31. Direct a volunteer to read the passage aloud, giving particular emphasis to verses 27–28. Then say these or similar words:
 - Paul was trying to clear up confusion, but this led to more confusion. Paul said that faith is the most important thing, and that simply following the religious laws wasn't enough. At the same time, he points out in verse 31 that faith doesn't do away with the Law. In other words, you can't simply have faith. True faith leads to action. Unfortunately, not everyone heard or understood that last part.

Teaching Tip

If you have more time, arrange the young people into small groups and have them explore the Scripture passages noted in step 3. If not, the description after each Bible citation will clarify the focus on mercy in each story.

- 3. **Ask** the participants to read the following Scripture passages and to identify mercy as portrayed in each one:
 - The rich man and Lazarus (Luke 16:19–31): The rich man had the opportunity to show mercy to Lazarus. Ironically, he can't receive mercy from Lazarus in the afterlife.
 - The story of the Last Judgment (Matthew 25:34-40): Jesus shows several ways that we serve him by showing mercy to those in need.
 - Deacons appointed to help widows (Acts of the Apostles 6:1-7): The early Church realizes the sin of neglecting widows and appoints men to show them mercy.
 - The rich man who turned away (Luke 18:18–30): Jesus sets a high standard. Following the Law is not enough. We must practice mercy.
- 4. Share these or similar words:
 - Despite Paul's guidance and the examples of Jesus and the Apostles, there still was confusion and disagreement. The Letter of James clarifies the relationship between faith and works.
- 5. **Read** James 2:14–17 aloud to the group.
- 6. **Invite** the participants, in small groups or individually, to come up with a list of things they do (or could do) to show Jesus' love for those who are poor and vulnerable.
- 7. Conclude with these or similar words:
 - Put simply, the Letter of James tells us that we can't just talk the talk, just saying we love God.
 - Nor can we simply walk the talk, doing things that make us look good but not loving God.
 - We need to walk the talk, doing things that show our love of God by serving others. If we don't, our faith means nothing.

Chapter 2 Summary

The New Testament Letters

- 1. The New Testament contains twenty-one letters, also called *epistles* (a Greek word meaning "letter").
- 2. Thirteen of the letters were written by Paul or his followers. Seven more letters were written by James, Peter, John, and Jude (or by their followers). The Letter to the Hebrews is by an unknown author, and it reads more like a sermon than a letter.
- **3.** Most letters follow this format: (a) greetings, (b) the body of the letter, and (c) personal messages and a blessing.
- **4.** We read these letters today because the values they express help us live our Christian lives.
- 5. In the letters of Saint Paul, we find these important themes: (a) Jesus' death on the cross, (b) the resurrection of the body, and (c) Jesus' coming to save all people.
- **6.** The First Letter of Peter addresses the suffering the first Christians experienced for living their faith.
- 7. The Letter of James addresses the concern of living our faith with integrity and also warns against judging others, boasting, and ignoring those who are poor and hungry.
- **8.** The First Letter of John encourages us to live in the light of God's revealed truth and to not give up our faith in Jesus. The whole letter talks about the importance of love.
- **9.** We read the letters of the New Testament today because we can learn from them how to live as Christians. These early Christians, who lived so close to the time of Jesus' life, death, and Resurrection, can guide our lives in Christ today.



Chapter 3

The Mission of the Church

Chapter Summary

In this chapter, the participants discover that the Church is a community by studying three important images of the Church: People of God, Body of Christ, and Temple of the Holy Spirit. The young people also explore the meaning of the four Marks of the Church: One, Holy, Catholic, and Apostolic. They learn how, like Christ, the Church is both human and divine.

Background for the Catechist

What do you think of when you hear the word *church*? People often have varying understandings of this word. For many young people, this word likely brings up images of the building where they spend an hour each week in prayer. Others may see church primarily as an institution that makes rules. Some might think of it as a place to connect with people of similar values, a place to learn more about God, or a place from which to go forth and serve. The Church is all these things and more.

Ultimately, the Church is an assembly of people who come together in response to God's call to make Christ present in the world. By exploring the different images we have of the Church, we can come to understand more deeply the rich implications of being part of this assembly of people.

One of the key images used to describe the Church is Body of Christ. Paul uses this image to help Christians see they are part of something far bigger than themselves. Paul tells us we each have an essential part, or role, that must be combined with the parts and roles of others in order to best work toward our common goal. Likewise, he writes of the presence of many gifts—abilities or values that come from God—that people have and share together to carry out the mission of the Church. Discovering their individual gifts and the ways they can contribute is an important activity for adolescents who are often searching to find their place in the Church. Helping youth identify their unique role is important for the rest of us as well. Our youth have gifts and talents that are essential to the Body of Christ and our mission as the Church.

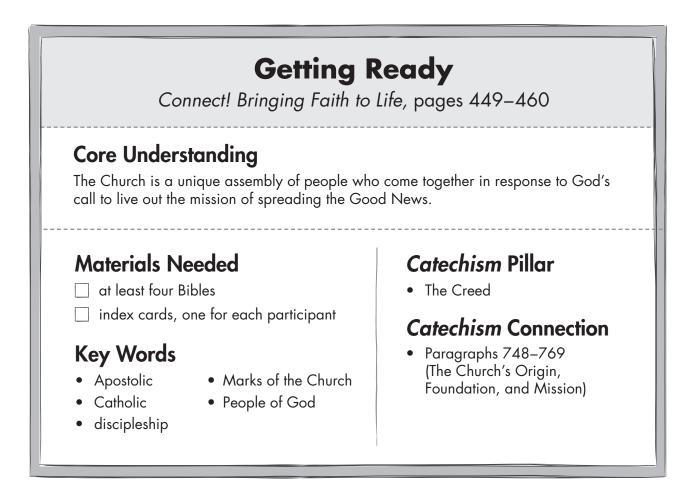
Catechist's Prayer

Loving God, thank you for calling me to serve your Church and its young people. Help me understand that they are longing to find their place in this world and to be part of the Church's vital mission. Guide me in helping them identify and nurture the gifts with which you have richly blessed them. Amen.

Teaching Tip

Many factors influence a young person's perspective on the Church. Just as this chapter includes candid acknowledgments of the Church's human flaws, it is important to validate the insights and opinions of the participants.

Chapter



Opening Prayer (5 minutes)

- 1. **Make** the Sign of the Cross, and lead everyone in saying, "Let us remember that we are in the holy presence of God." (*Pause.*)
- 2. Pray the following:
 - Loving God, call us together today to do something worthy and wonderful as we learn about you and your Church. We ask this in the name of your Son, our Lord Jesus Christ, who called us to be your people. Amen.
- 3. Invite the participants to offer any special intentions for which they would like to pray.
- 4. Close with the Sign of the Cross.

Engage Activity (10 minutes)

- 1. **Engage** the participants' experience by sharing these or similar words:
 - Most of us are members of some group that comes together for a common purpose. Tell me about some groups to which you belong and why they come together.
 - We are also all part of this group, which gathers for a common purpose. What is our purpose or goal?
- 2. **Dig** deeper into the young people's involvement in the groups identified during the opening discussion by asking how they were invited or recruited to be part of those groups.

- 3. **Clarify** that some involvement is voluntary, and some is not, and that some groups are exclusive, while others are open to all.
- 4. **Tell** the participants that most groups rely on the gifts or skills of their members to work toward a common purpose.
- 5. **Mention** that groups begin and continue by being called together by a common cause or purpose. They are intentional in their gathering.
- 6. **Explain** that the Church is a type of community with characteristics that make it different from other groups. Continue with the following points:
 - > The Church is an assembly of people who come together in response to God's call.
 - > The people who respond to God's call are one family through faith and Baptism.
 - > God has a plan for the world, and the goal of the plan is the Church.
- 7. **Conclude** by sharing these or similar words:
 - > Today, we'll explore more about Church and its mission.

Core Content (15 minutes)

- 1. **Engage** the young people in a review of pages 451–459 in the *Connect!* book by dividing the material into sections, such as the following:
 - "Images of Church" and "The People of God," pages 451–453
 - "The Body of Christ" and "Temple of the Holy Spirit," pages 453–454
 - "The Marks of the Church" and "One," pages 455–456
 - "The Marks of the Church," "Holy," "Catholic," and "Apostolic," pages 455, 457–458
 - "The Church Is Human and Divine," page 459
- 2. **Assign** each young person one section of the material. They can read silently to themselves or gather in small groups that share the same assigned material. If opting for small-group reading, ask one person from each group to read the material aloud.
- 3. **Invite** volunteers to report key ideas from each section of the material to the large group. Be prepared to expand on the participants' reports as necessary to ensure key concepts are covered.

Teaching Tip

If collaborative reading and reporting is not the best choice for your group, consider using one of the following options or another of your choosing:

- At-home reading option: Invite the young people to read the chapter prior to the session.
- In-session individual reading option: Ask the participants to read the chapter during the session, or read it aloud to them.
- **Presentation option:** Give a short presentation that incorporates the key points listed on the handout "Chapter 3 Summary" on page 39 of this guide.

Core Learning Activity (20 minutes)

Call Stories

Objective: To help the young people relate to the Church's calling together of people by exploring the responses of several individuals in Scripture.

- 1. Introduce the activity in these or similar words:
 - The word church means "convocation." To convoke means "to call together." The same root gives us the word vocation, or calling.
 - A convocation is a community of people who gather in response to a call. In the case of the Church, that call comes from God. How does God call us?
 - The Bible has many "call stories." We'll now explore some of these and hopefully see ourselves in some of the stories.
- 2. **Assign** Bible stories to groups, arranging the participants based on how you think they'll best function and how many stories you wish to explore. Options include: three large groups, each exploring one of the first three stories; four or more groups, each exploring one of the first three stories; or four or more groups, each exploring one of the ten stories. Write the list of Bibles stories where all can see, for reference:
 - Samuel's call (1 Samuel 3:1-10)
 - Mary's call (Luke 1:26-38)
 - Peter's call (Luke 5:1–11)
 - Abram's call (Genesis 12:1-5)
 - Moses's call (Exodus 3:1–15)
 - David's call (1 Samuel 16:3-13)
 - Isaiah's call (Isaiah 6:1-8)
 - Jeremiah's call (Jeremiah 1:4–10)
 - Jonah's call (Jonah 1:1–3, 2:1–2, 3:1–4)
 - Saul's call (Acts of the Apostles 9:1-22)

Teaching Tip

Each of the stories listed in step 2 offers foundational material for considering the mission of the Church and our own call to serve. If you would like to give more time for the participants to explore these stories, you might wish to modify this assignment, instructing them to work individually and identifying two or three stories from the list. Instruct each participant to provide a written response to the questions presented below. Alternatively, choose one story and walk the group through the questions as an example.

- 3. **Distribute** the Bibles. Direct each group to assign a reader, a recorder, and a reporter. The reader will proclaim the reading within the small group and may be asked to summarize it later for the large group. The recorder will take notes during the group discussion. The reporter will summarize the discussion in a report back to the large group.
- 4. Write the following questions where all can see, and invite the groups to respond to them for their assigned reading:
 - What unique challenges did each person face in responding to God's call?
 - What did God see in them?
- 5. **Ask** the young people the following question:
 - > What does this say about what God sees in us when he calls us?

Additionally, the groups should respond to the specific question for their assigned Scripture story. You may want to write each group's question on a slip of paper to hand out for reference.

- 1 Samuel 3:1–10: Samuel is young, and the Lord had never spoken to him. Have you heard God speaking to you?
- Luke 1:26-38: Mary is troubled and confused. How can this be? Has God's call ever made you anxious?
- Luke 5:1–11: Peter is at first doubtful, then fearful. Has God confused or surprised you with his message?
- **Genesis 12:1–5:** Abram leaves everything behind; he is very old. Have you or your family ever been called to make a great sacrifice?
- **Exodus 3:1–15:** Moses feels unworthy, but God assures him of his support. Have you ever felt like a nobody, incapable of doing great things?
- 1 Samuel 16:3–13: David is young—not what Samuel expected—but God sees things differently. Have you ever been overlooked unfairly or surprised by someone's confidence in you?
- Isaiah 6:1–8: Isaiah feels hopeless because he is sinful, but God's touch gives him confidence. How has God or a friend given you hope in yourself?
- Jeremiah 1:4–10: Jeremiah feels he is too young, but God gives him the words to speak. Have you ever been surprised by unexpected strength to say or do the right thing?
- Jonah 1:1–3, 2:1–2, 3:1–4: Jonah at first disobeys God, but God saves him anyway. Jonah then obeys God. Have you ever been blessed with a second chance to do the right thing?
- Acts of the Apostles 9:1–22: Saul persecuted Christians, yet Jesus chose him to be one of the greatest disciples. Who has looked beyond your faults to see your great gifts and potential?
- 6. **Ask** each group's reporter to summarize the story the group explored and the group's response to the question. Affirm their responses, and ask clarifying questions that encourage them to relate to the biblical hero's response.
- 7. **Conclude** by emphasizing that God calls everyone to the mission of spreading the Good News. We too are called by God to be part of the mission of the Church.

Session Wrap-Up (5 minutes)

- 1. **Invite** volunteers to share key things they learned during the session. Ensure that the following point is made:
 - The Church is a unique assembly of people who come together in response to God's call to live out the mission of spreading the Good News.
- 2. **Tell** about a group experience you have had where it was important that each member contribute their gifts in order to accomplish a task. It may be something you did as a family, as part of an athletic team, as a member of a musical group and so on.
- 3. **Distribute** the index cards. Ask the participants to write the following questions on their cards:
 - What image would I use to describe the Church? Why?
- 4. **Direct** the young people to take the cards home and refer to them a few times during the week. Ask them to answer the questions for themselves or to share their cards with friends or family members and discuss their answers with them.

Closing Prayer (5 minutes)

- 1. **Direct** the participants to find "Connect with God" on page 450 in their books. Ask a volunteer to read the prayer aloud as the rest of the group follows along in their books or is silently attentive.
- 2. **Close** by making the Sign of the Cross.



Optional Activities

Make Your Mark (20 minutes)

Materials Needed

- four sheets of art paper
- markers
- **Objective:** To explore the four Marks of the Church.
- 1. **Begin** the exploration of the Marks of the Church with these or similar words:
 - Jesus and the Church have made indelible marks on the world, which means that their impact can't be removed. For example, the Church has made a lasting difference in the areas of education, health care, and work for social justice.
 - We all hope to leave our mark on the world so that people now and in the future know that our lives made a difference. Some legacies are carved in the stone of monuments. Others leave their legacy through written books, or through music that stands the test of time. Since we don't have any stone to carve, we're going to design our own monument that captures the four Marks of the Church.
- 2. **Arrange** the participants into four groups. Give each group a sheet of art paper and some markers, and assign each group one of the marks. Provide the following instructions:
 - Find pages 456–458 in your books. One group member should read aloud the mark your group has been assigned.
 - Brainstorm together what this mark means in our world today. Who is living this out, and how do they live it? How can this be expressed in a few words or a drawing? Assign a group member to record comments.
 - Design a stone monument. Hopefully everyone will have a hand in the artwork, but all are expected to contribute and to explain the group's work to the large group.
- 3. **Facilitate** a discussion of the four groups' work, considering common themes.
- 4. **Conclude** by saying these or similar words:
 - These images that we created attempt to capture the marks, the essential features, of our Church. These marks help the Church make a mark on the world.

Master Builders of the Temple of the Holy Spirit (15 minutes)

Materials Needed

Bibles, one for each participant

the movie The Lego Movie (2014, 100 minutes, rated A-1 and PG) **Objective:** To help the young people further explore Paul's image of the Church as the Temple of the Holy Spirit.

- 1. **Distribute** the Bibles. Ask the participants to find 1 Corinthians 3:9–16, and invite a volunteer to read it aloud.
- 2. Make the following points:
 - Paul is encouraging us to build carefully on the foundation of our faith.
 - Jesus is that foundation, and it is up to us to build the rest as a worthy home for God's Spirit.
 - Our personalities, values, interests, and relationships influence how strong and beautiful this temple will be.
- 3. Introduce The Lego Movie. Begin by asking how many of the young people have seen it. Explain that Emmet is an ordinary construction worker. A prophet has foretold that Emmet will be "the Special," chosen to save the world. But there isn't much special about Emmet. The master builders ridicule him, and most refuse to work with him. In the scene we're about to watch, Emmet, along with the prophet and four master builders, escapes the forces of evil. When things seem at their worst, they learn something about themselves.
- 4. **Play** the section of the movie from 46:35 to 54:55, and then ask the following questions:
 - Why did the submarine fall apart? (because the builders didn't cooperate and share their gifts)
 - What advice did the prophet give Emmet? (to embrace what is special about himself)
 - How did Emmet win people's confidence? (He built something that seemed foolish, but it was the only thing that worked.)
 - What did Emmett say to change their thinking? (He told them they were talented and imaginative, but they couldn't work together as a team.)
- 5. **Conclude** by saying these or similar words:
 - Jesus has poured out his Spirit onto all the members of the Church. Its members have many gifts and skills. By embracing our gifts and working together, we can build a worthy place where God can dwell.

Mapping the Church (20 minutes)

Materials Needed

🗌 a world map

internet access

Objective: To illustrate the reach and diversity of the Catholic Church around the world.

- Invite the participants to form five groups, and assign each group one of the following countries: Nigeria, Mexico, Pakistan, Israel, and Vietnam.
- 2. Write the following questions where all can see, and tell the groups to assign each member one question to search online and answer:
 - Where is that country?
 - What is the number of Catholics in that nation?
 - What percentazge of that nation's population is Catholic?
 - Are Catholics oppressed in that nation?
 - What is the main language spoken in that nation?
 - How do you say or write "God" in that language?
- 3. **Tell** the groups they have 3 minutes to find this information, using the internet.
- 4. Ask each group to share its findings with the large group.
- 5. **Conclude** by telling the young people that our faith is celebrated by over a billion people in more than 150 nations and in hundreds of languages and dialects around the world, yet we are still one Church.

Chapter 3

Chapter 3

Chapter 3 Summary

The Mission of the Church

- 1. The word *church* means "convocation," a community of people who gather in response to a call.
- 2. The people who respond to God's call are one people through faith and Baptism, are united in love by the Holy Spirit, and are the Body of Christ in the world.
- **3.** Jesus founded the Church during his earthly ministry. Since the Passion, death, Resurrection, and Ascension of Jesus, the Church has been working to fulfill her mission of bringing the Good News of salvation to all people.
- **4.** Since the time of the Apostles Peter and Paul, the Church has been described in these images: People of God, Body of Christ, and Temple of the Holy Spirit.
- 5. The Jews understood themselves to be the People of God, the Chosen Ones through whom God would save the world. The first Christians came to see that they were God's people, God's Chosen Ones, through Christ and the Holy Spirit.
- 6. The Church is the Body of Christ because all her members are united to Christ, the Head. The entire Church gets life and nourishment from Christ, especially through the Eucharist.
- 7. The Church is the Temple of the Holy Spirit because the Holy Spirit dwells in the Church as a whole and in each member of the Church. The Holy Spirit is the center or soul of the Church's life.
- Two other images of the Church are (1) the Church as Bride of Christ and (2) the Church as a sacrament, making visible the communion we share with God.
- **9.** The Marks of the Church are essential features of the Church: The Church is One, Holy, Catholic, and Apostolic.

