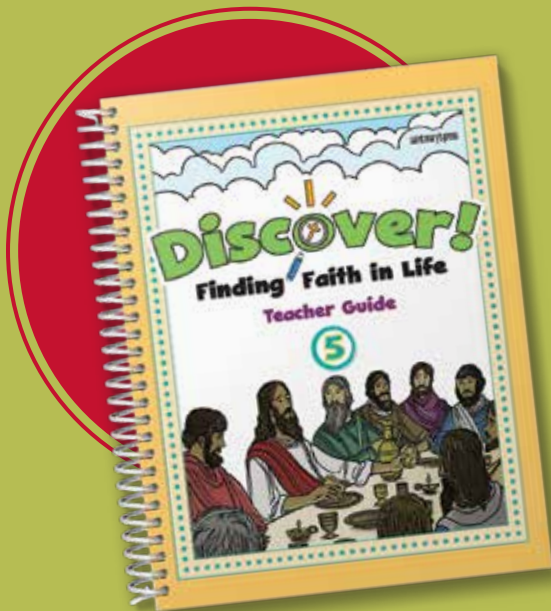


TRY THIS!



This activity is adapted from chapter 3 of the Grade 5 Teacher Guide in the *Discover! Finding Faith in Life* program.

TO LEARN MORE ABOUT **DISCOVER!** AND ITS COMPONENTS:

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- Gather jump ropes (at least six feet long), one for each child in the group. Distribute one to each child.
- Invite all the children to stand in a circle, facing inward.
- Have everyone place their jump rope in their right hand and stretch it out toward the center of the circle. Have the children use their free hand to grab the free end of another person's jump rope (but not the rope of the person right next to them).
- Continue until everyone is holding a jump rope in each hand and jump ropes are tangled in the middle of the group, forming a knot.
- Encourage the group to work together, without letting go of their jump ropes, to untie the knot. Tell them that they must communicate and work together to accomplish the goal.
- Invite the children to talk about what made this game fun and challenging. Encourage them to make the connection to unity and the importance of working together as one.

Be certain to observe all safety precautions regarding space and distance. At the time this material was assembled, vaccinations were being distributed but safety protocols were still being followed for in-person gatherings and varied by state.