

# Lesson Plan for Lesson 19

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## Confirmation

### Preparation and Supplies

- Study chapter 19, “Confirmation,” in the handbook.
- Gather a Bible, seven brown paper bags, and enough 2-x-2-inch squares of red, orange, yellow, and white paper for four to five times the number of participants.
- Print two copies of the handout “I Believe . . .” (Document #: TX003397). Cut one copy apart on the dotted lines. Staple one of the seven belief statements to the outside of each paper bag, and then distribute the bags around the room. Post the other copy of the handout where everyone can see it.
- Write the following color guide on the board or on a sheet of newsprint, and post it in the meeting space:
  - red = strongly disagree
  - orange = disagree
  - yellow = agree
  - white = strongly agree

### Pray It! (5 minutes)

**Tell** the participants that class will begin with a prayer to the Holy Spirit. **Direct** them to turn to the Pray It!! “Prayer for the Holy Spirit,” on page 205 in the handbook. **Ask** a volunteer to read Isaiah 61:1–2 from a Bible. Then **lead** the young people in praying together the prayer at the bottom of the sidebar.

### Study It! (35 to 45 minutes, depending on your class length)

#### A. The Gifts of the Holy Spirit

1. **Invite** the young people to share a positive event or circumstance in their lives that made them say, “What a coincidence!” For example, on a bad day, they may have received a card in the mail from a good friend. Then **invite** the participants to discuss how those events might have in fact been a grace or gift of the Holy Spirit rather than just simply happenstance.
2. **Direct** the young people to read the chapter introduction and the section “The Gifts of the Holy Spirit,” on pages 203–204 in the handbook. The content covers points 1 through 4 on the handout “Lesson 19 Summary” (Document #: TX003396).
3. **(Optional) Ask** the young people to turn to the Reflect directions on page 204 in the handbook and answer the questions presented there.



## B. A Short History of Confirmation

1. **Invite** the young people to reflect on the following question: What does it mean to be united to the Church? Allow a few minutes of silent reflection. Introduce the reading by saying:
  - Being united more closely with the Church is one of the effects of the Sacrament of Confirmation that we will now read about.
2. **Direct** the participants to read the sections “A Short History of Confirmation” and “The Effects of Confirmation,” on pages 205–209 in the handbook. The content covers points 5 and 6 on the handout “Lesson 19 Summary.”
3. **(Optional) Invite** questions and observations on the content. You could also direct the participants to the Reflect directions on page 211 in the handbook.

## C. The Confirmation Rite

**Direct** the participants to read the section “The Confirmation Rite,” on pages 209–211 in the handbook. The content covers points 7 through 9 on the handout “Lesson 19 Summary.”

*Note:* If you are running short on time, you may wish to just briefly summarize this section of the handbook.

## Live It! (15 to 20 minutes)

1. **Distribute** to each participant four or five of each of the colored squares, and have a pile of extra squares in a central place. **Review** the color guide you have posted, which indicates chosen responses. **Explain** the task as follows:
  - Each of you is to walk around the room, read the statement on each bag, and then vote by placing the appropriately colored square in the bag. For example, if you strongly disagree with the specified belief, place a red square in the bag.
2. After all the participants have gone around the room and submitted their votes, **tally** the votes. You might ask a few young people to assist you.
3. **Share** the results with the group, and make the following comment in your own words:
  - Each of the statements that you voted on is related to one of the seven Gifts of the Holy Spirit, which are received in their fullness in the Sacrament of Confirmation: wisdom, understanding, right judgment, courage, knowledge, reverence, and wonder and awe. (See pages 131–132 in the handbook for definitions of these seven Gifts.)

If there is time, **conclude** by brainstorming suggestions about how the participants can continue to nurture the seven Gifts of the Holy Spirit in their lives and to share those gifts with others.

## Closing Prayer (5 minutes)

Following any announcements, close by extending your hand over the young people and **praying** the “Confirmation Consecratory Prayer,” on page 449 in the handbook.

