Unit 5 Preassessment:
A Prayer Inventory

Respond honestly to the following questions. You will be asked to share some of your responses with a partner, but you will be able choose what to share and what to keep private.

For items 1 through 18, respond using the following scale, writing the letter of your choice in the blank space provided next to each item:

1: Strongly Agree

2: Agree

3: Neutral / Neither Agree nor Disagree

4: Disagree

5: Disagree Strongly

\_\_\_\_\_It is important to pray daily.

\_\_\_\_\_I find praying with others to be meaningful.

\_\_\_\_\_I enjoy going to Mass.

\_\_\_\_\_I find praying alone to be meaningful.

\_\_\_\_\_Scripture is essential to the prayer life of Catholics.

\_\_\_\_\_Scripture is essential to my own life of prayer.

\_\_\_\_\_I am familiar with the Liturgy of the Hours.

\_\_\_\_\_I could explain to a first-grade student what the Lord’s Prayer means.

\_\_\_\_\_I have prayed the Stations of the Cross at least once within the last year.

\_\_\_\_\_I have prayed the Rosary at least once within the last year.

\_\_\_\_\_God always hears me when I pray.

\_\_\_\_\_Reading Scripture helps me to make better, wiser decisions.

\_\_\_\_\_Music helps me to center myself in a prayerful mood.

\_\_\_\_\_When I pray, I am usually asking God for something.

\_\_\_\_\_Scripture can be trusted to provide insight regarding life’s big questions.

\_\_\_\_\_I think about God often during the course of my day.

\_\_\_\_\_I have a favorite story, reading, or passage from Scripture.

\_\_\_\_\_Scripture has been helpful or comforting to me during difficult times in my life.

Choose any one of the statements above (1–18) and write a short paragraph explaining your response.

What is one question you have about Scripture and prayer that you would like to discuss with a friend, classmate, or teacher?