

# Sexual Pressures

From the large group, create small single-sex groups of five or six participants. If the large group is just girls or just boys, assign half of the small groups to pretend to be the opposite gender. Give the following instructions:

Make a list of the top five reasons your gender is most often motivated to be sexually active. Write these down on index cards or a piece of notebook paper.

After the small groups have their lists, ask a representative from each group to read their reasons to the large group. Ask a volunteer to record the reasons on the board or on two large pieces of newsprint, using tally marks to indicate those reasons that surface more than once.

Make two new lists from the tally sheets showing the top five reasons for girls and the top five reasons for boys. Discuss the gender differences and commonalities.

Working with one reason at a time, discuss ways that adolescents today might resist that particular pressure. Check out the Web site [www.rape101.com](http://www.rape101.com) for additional ideas on resisting pressure to have sex.

As a follow-up or variation to this activity, use the same process to generate the top five reasons teens should say no to sex before marriage.