Is Your Life a Eucharistic Journey?

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| **Your Name\_\_\_\_\_\_\_\_\_** | **The Paschal Mystery** | **Disciples on the Road to Emmaus** | **Eucharist** |
| **God’s Initiative**  **What is Christ calling you to do?** | God’s Approach  The Incarnation | Jesus approaches, as yet unknown by disciples. | The Liturgy of the Word |
| **Challenge**  **What challenges could prevent you from hearing or following Christ’s call?** | Jesus’ Response  Passion and death | The disciples falter; they are challenged by the events of the Passion. | Preparation of the Gifts: Offertory |
| **Graced Insight**  **What is your clearest understanding right now of the direction in which Christ may be calling you?** | God’s Response  Jesus’ Resurrection | The disciples recognize Jesus in the breaking of the bread. | Consecration |
| **Decision**  **How will you ultimately respond to Christ?** | Formation of the Church  Holy Spirit given at Pentecost | Jesus disappears from their sight; he now lives within them. | Receiving Communion (indwelling of Christ’s presence) |
| **Outcome**  **Imagine and make a note of the great things you may accomplish for Christ.** | The Mission of the Church | The disciples go out to witness to their experience of the Risen Christ. | Dismissal: Sending out to witness |

Questions

The chart helps to illustrate the relationship between your own faith journey and the celebration of the Eucharist. In the space below, answer the questions presented in the column under “Your Name.”

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How can your participation in the Paschal Mystery through the celebration of the Eucharist strengthen your union with Christ?

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How can your participation in the Paschal Mystery through the celebration of the Eucharist strengthen your union with the Church?

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How can your participation in the Paschal Mystery through the celebration of the Eucharist free you from the burden of sin?

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How can your participation in the Paschal Mystery through the celebration of the Eucharist commit you for service to those who are poor or disadvantaged?

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