Living in a Material World
Consider the following list of things. Which of them is necessary for you to have in order to be happy? Place a check mark in front of each one you feel is necessary.

☐ your own automobile
☐ a loving family
☐ good stereo equipment
☐ your own bedroom
☐ nutritious food
☐ good friends
☐ a top-of-the-line phone
☐ brand-name shoes
☐ plenty of spending money
☐ a fashionable wardrobe
☐ good health
☐ regular vacations at resorts
☐ an active spiritual life
☐ money for college
☐ emotional stability
☐ designer jewelry