She Is Your Mother

Mary is the spiritual Mother of all Christians. Explore what this means for Jesus, the Church, and you by completing the sections below.

Mother of God

Read John 2:1–11.

Identify two things Mary does for   
Jesus in this story.

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How do these things help Jesus?

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Mother of the Church

Read John 19:25–27.

What does Jesus tell Mary? What does Jesus tell the disciple?

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How could Mary and the disciple help each other after Jesus died on the cross?

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Spiritual Mother

How does Mary help us as our spiritual mother? How can she help us as she helped Jesus? How can we come to know Jesus better through her?

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