Journal Entry: Inspiration

Consider two examples in your life when you were offered advice by your parents or guardians, another adult family member, or a teacher—one example when you followed the advice and one example when you did not. Write a brief summary of both experiences, responding to the following questions:

* What was the outcome of each experience?
* How were you different in each situation?
* What made you open in the one situation and less open in the other?
* How did your openness to the guidance or advice offered help you to grow or to make a better decision?