

Advent Calendar for *The Catholic Youth Prayer Book, Second Edition*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 30 <i>First Sunday of Advent</i> Do the "Meditation on Your Baptism," pp. 130, 132, 134. Pray "I Want to Do Good Work", p. 28.	December 1 Do the "Ignatian Examination of Conscience" before bed, p. 14.	2 Pray "The Road Ahead," p. 93.	3 <i>Saint Francis Xavier</i> Make a plan to go to Reconciliation this Advent. Read pp. 91 & 94. Pray Psalm 51:11–17, p. 95.	4 Explore the elements of the "Our Father" in "A Format for Personal Prayer," pp. 115–116.	5 Pray Saint Augustine's prayer, p. 63 in the morning and pp. 60–61 in the evening. <i>Bonus: Who was Saint Augustine?, p. 155</i>	6 Make an "Act of Love," p. 90. Pray "Fire of God," p. 74.
7 <i>Second Sunday of Advent</i> <i>Saint Ambrose</i> Prepare for Mass, read from pp. 145–155.	8 <i>Immaculate Conception</i> <i>Holy Day of Obligation</i> Pray the Joyful Mysteries of the Rosary, p. 57.	9 Pray The Angelus, pp. 51–52. <i>Bonus: Pray it at 6 a.m., noon, and 6 p.m.</i>	10 Sanctify today. Read p.16. Pray the "Anima Christi", p. 84.	11 Pray "Hail, Holy Queen" and the "Memorare," p. 52.	12 <i>Our Lady of Guadalupe</i> Pray "Only One Thing Is Necessary" by Saint Alphonsus Liguori, p. 71.	13 Try journaling as prayer. Read Chapter 14, pp. 135–142.
14 <i>Third Sunday of Advent</i> <i>Saint John of the Cross</i> Prepare for Mass, read from pp. 145–155.	15 Reflect on "Do Not Look to Tomorrow" by Saint Francis de Sales, p. 73.	16 Pray Matthew 5:14–16, "Be Light," p. 92, and "Light a Holy Fire," p. 100.	17 Pray the Chaplet of the Divine Mercy, p. 80.	18 Pray "We Take Time," p.108.	19 Pray "A Simple Prayer" and "God Is Light," p. 21.	20 Use the Bible in prayer through <i>lectio divina</i> , from chapter 12, pp.118–125.
21 <i>Fourth Sunday of Advent</i> Prepare for Mass, read from pp. 145–155.	22 Pray the "Prayer of Abandonment," p. 92.	23 Pray "Jesus Christ is Lord," p. 97.	24 Pray "Christ Be within Me," p. 76.	25 Merry Christmas! <i>Holy Day of Obligation</i>	26	27
28	29	30	31		<i>Bonus: Read about Novenas on p. 83. Choose a nine-day period and begin a Novena to the Holy Spirit, p. 66, or Our Lady of Perpetual Help, p. 54.</i>	<i>Bonus: Try praying the Liturgy of the Hours for one week (chapter 16). Introduction on pp. 156–159.</i>