The Sacraments: Seven Ways of Experiencing Christ

The chart below contains a concise overview of each of the Seven Sacraments. Some information is missing. Succinctly complete the chart. Print neatly.

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| The Sacraments |
| Name of Sacrament;Repeatable or non-repeatable | Sacramental Signs | Brief Explanation of the Sacrament |
| Sacraments of Initiation |
| Baptism*Non-repeatable* | Pouring water or immersion three times in the name of the Trinity  | Primary Sacrament of Christian Initiation beginning new life in the Church; repeats what Jesus did as he began his public ministry |
|  | Anointing with Sacred Chrism (oil), laying on of hands | Completing of Baptism; strengthens new life; signifies the gift of the Holy Spirit |
| The Eucharist*Repeatable*  | Blessing, distributing, and eating consecrated bread and wine, the Body and Blood of Christ | Final Sacrament of Christian Initiation that nourishes and sustains us in resurrected life in Christ; spiritual food for the journey  |
| Sacraments of Healing |
| Reconciliation*Repeatable* | Confession of sins, and words of absolution (forgiveness)  |  |
| Anointing of the Sick\_\_\_\_\_\_\_\_\_\_\_\_\_ |  | Sacrament of Healing for those who are seriously ill or for any life-threatening situation (e.g., serious surgery) |
| Sacraments \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| \_\_\_\_\_\_\_\_\_\_\_\_\_\_*Non-repeatable* | The laying on of hands and the speaking of the prayer of consecration | A Sacrament of service to the Church as a deacon, priest, or bishop; celebrates Sacraments according to their office (e.g., priest can celebrate the Eucharist but cannot ordain another priest) |
| Marriage*Non-repeatable* as long as both spouses live |  | Planned by God to bring about two great goods: man and woman pledged in love and service to one another, and the procreation and education of children |