The Holy Trinity

Chapter 4 Summary

Chapter Learning Objectives

The participants will identify the Trinity as three Divine Persons in one God—Father, Son, and Holy Spirit.

The participants will explore ways that humans can reflect the unity, harmony, and love that exist in the Trinity.

Content Summary

 1. The one God has revealed himself as the Father, the Son, and the Holy Spirit—one God in three Divine Persons who is the Holy Trinity.

 2. The central mystery of our Christian life and faith is the Trinity.

 3. Each Person of the Trinity does not make up one-third of the whole God. The complete presence of God can be found in each of them. The Father, the Son, and the Holy Spirit cannot be separated from one another.

 4. The three distinct Persons are wholly united, not just by their actions but by who they are: one Divine Being.

 5. All the works of God are done by all three Persons.

 6. Yet some of God’s works are more strongly associated with the Father, the Son, or the Holy Spirit.

 7. God the Father is the First Person of the Blessed Trinity. God the Father is the source from which life comes. Although God the Son and God the Holy Spirit also created the world, it is natural to think of God the Father when we think of the Creator.

 8. God the Son is the Second Person of the Blessed Trinity. When he became man, he was given the name Jesus. Later, he was also given the title Christ, or Anointed One. We call Jesus Christ the Savior to recognize his saving actions, but the Father and the Holy Spirit also save us.

 9. God the Holy Spirit is the Third Divine Person of the Blessed Trinity, who inspires us, guides us, and makes us holy. Although the Gifts of the Holy Spirit are also given by the Father and the Son, it is proper to recognize them as being from the Holy Spirit.

10. The Trinity is a communion of the three Divine Persons: the Father, the Son, and the Holy Spirit. The Trinity is a perfect community of harmony and love. We share in this love and harmony of the Trinity through family life and through service to our local community and our world.

(All summary points are taken from *The Catholic Connections Handbook for Middle Schoolers, Second Edition*. Copyright © 2014 by Saint Mary’s Press. All rights reserved.)